

# Main Menu

PLANT-BASED FOOD

## Starters

### Hoisin Bao

Our take on Hoisin duck in sauce with carrot, spring onion, cucumber and shichimi Togarashi

Allergens: Sesame, Gluten, Soy, Sulphites

£6.95

### Miso Aubergine Bao

Steamed Bao bun with deep fried aubergine, vegan mayo, carrots and spring onion

Allergens: Sesame, Gluten, Soy

£6.95

### ChickN Bao

Breaded katsu ChickN with smoky mayo, kimchi and little gem in a bao bun

Allergens: Gluten, Soy, Celery

£6.95

### Spicy Gyoza

Dumplings stuffed with spicy vegetables with a tamari dipping sauce.

Allergens: Gluten, Nuts, Mustard, Sesame, Soy, Sulphites

£8.95

### Tofu Gyoza

Dumplings stuffed with vegetables and tofu with a tamari dipping sauce.

Allergens: Soy, Gluten, Sesame

£8.95

### Nachos (to SHARE)

Guacamole, tomato salsa and sour cream with homemade cheese sauce and Jalapenos served on a bed of nachos

Allergens: Gluten, Nuts, Mustard, Sulphites

£11.95

### Sticky Cauliflower

Crispy tempura-fried cauliflower with a sticky tamarind dip

Allergens: Gluten, Mustard, Nuts, Sesame

£8.50

### Mango & Cucumber Salad

Edamame, mango, tomato, red onion and cucumber served in a pomegranate dressing

Allergens: Soy

£8.95

### ChickN Satay

Marinated ChickN satay with cucumber relish and soy peanut sauce

Allergens: Gluten, Peanuts, Celery, Mustard, Soy, Sulphites

£8.95

### Beef Laab

Redefine beef with pear onion and and sesame oil and soy sauce in lettuce parcels

Allergens: Gluten, Nuts, Celery, Mustard, Soya, Sulphites

£9.25

## Sides

Avocado £4.95

Kimchi Allergens: Soya £5.95

## Mains

### Truffle & Mushroom Pasta

(GF Pasta optional)

Chestnut mushrooms and truffle paste cooked with garlic and oat cream

Allergens: Gluten, Sulphites

£17.50

### Lamb Shepherd's Pie

Redefine lamb mix with shallots, tomato, and herb panko with a butter bean crust

Allergens: Gluten, Celery, Soy, Sulphites

£15.95

### Lamb Kofta

PREMIUM REDEFINE Lamb mix with onion, mint, chilli and apricot on a tahini yoghurt and mint sauce on a pitta bread

Allergens: Gluten, Celery, Sesame, Soy, Sulphites

£16.50

### Blossom "Fish" Cakes

Banana Blossom, mash potato, seaweed & dill "fish" cakes. Served with tartare sauce, petit pois and fries

Allergens: Gluten, Mustard, Sulphites, Soy

£16.95

Bread with olive oil & Balsamic

£5.25

Allergens: Gluten

French Fries

£5.95

Side Salad

£6.50

### Katsu ChickN Curry

Breaded katsu ChickN served with katsu sauce, rice and baby spinach

Allergens: Gluten, Celery, Soya, Mustard, Sulphites

£16.95

### Super Salad

Roasted butternut, kale, baby carrots, chickpeas and cabbage topped with feta cheese mixed with red vinegar dressing

Allergens: Mustard, Sulphites

£15.25

### ChickN Caesar Salad

ChickN in a caesar sauce on a bed of little gem lettuce with popponcini peppers, croutons and capers

Allergens: Gluten, Peanuts, Celery, Mustard, Soy, Sulphites

£15.95

### Tofu Chimichurri Salad

Smoky tofu with red cabbage, radish, popponcini peppers and carrots on a bed of baby gem lettuce with chimichurri and Tamari dressing

Allergens: Gluten, Soy, Mustard, Sulphites

£15.95

### Wulf Aubergine

Oven baked aubergine with a spinach and chickpea salad in a pomegranate dressing, topped with plant-based feta cheese

£16.95

Mac'n'Cheese

£8.75

Allergens: Gluten, Nuts, Mustard, Sulphites

Please let us know about any dietary requirements and we'd be happy to help.

As our dishes are prepared in a kitchen where gluten, nuts products are present, there might be some cross contamination.

A discretionary service charge of 12.5% will be applied to your bill.

### Beef Flank

Braised PREMIUM REDEFINE MEAT with Red wine, soft polenta, roasted fennel and chimichurri

Allergens: Gluten, Soy, Mustard, Mustard, Sulphites

£18.95

### ChickN Burger

Katsu ChickN with a kimchi and mayo dressing. Served with fries

Allergens: Gluten, Soya, Mustard

£15.95

### BigWulf Burger

PREMIUM REDEFINE MEAT with burger sauce, pickled onion, cheese, baby gem and shallots in a multiseed bun. Served with fries

Allergens: Gluten, Celery, Mustard, Soya, Sulphites

£16.95

### "Fish" Burger

Banana blossom "fish" burger with tartare sauce, red onion, pickle and sracha mayo in a seeded bun. Served with fries

Allergens: Gluten, Mustard, Soy, Sulphites

£16.95